



**ISHLT**



**HFSA**

HEART FAILURE SOCIETY OF AMERICA

# 2026 HFSA/ISHLT Heart and Lung Transplant Series

## The Art and Science of Lung Transplantation Evaluation

### COURSE DESCRIPTION

This session provides a practical overview of lung transplant evaluation, focusing on the differences between urgent and outpatient pathways. It reviews candidate selection criteria, common exclusion thresholds, and the role of ECMO in urgent evaluations, along with the structure of standard outpatient workups, including diagnostic testing, multidisciplinary assessment, surgeon consultation, and patient education. Emphasis is placed on coordinated team-based decision-making and preparing patients and caregivers for transplant and post-transplant care.

### LEARNING OBJECTIVES

At the conclusion of this activity, learners will be able to:

1. Compare the clinical indications, workflow steps, and decision criteria for urgent versus outpatient lung transplant evaluation pathways, including the role of ECMO in urgent candidate assessment.
2. Identify key eligibility and exclusion factors for lung transplant candidacy – including age, BMI, tobacco abstinence, and insurance requirements – and describe the components of a multidisciplinary evaluation and patient preparation process.

### FACULTY

- **Kate Hughes, MSN, APRN, AGACNP**, Vanderbilt Medical Center, Nashville, TN USA  
*(Chair)*
- **Meg Fregoso, MSN, NP-BC, CCTC**, Inova Fairfax Hospital, Falls Church, VA USA  
*(Chair)*
- **Megan Harvey, RN, BSN**, Inova Fairfax Hospital, Falls Church, VA USA
- **Breah Paciotti, MPH, PA-C, FAPACVS**, Mayo Clinic Florida, Jacksonville, FL USA

### CONTINUING EDUCATION CREDIT FOR THIS SEMINAR ONLY

The HFSA/ISHLT Transplant Seminar Bundle offers up to 0.50 continuing education hours, including CME, NCPD, AAPA CME, and CEPTC.